

6th International Conference on Monitoring and Management of Visitors in Recreational and Protected Areas (MMV), Stockholm, 21-24 August 2012

Visitor information

How to get to the conference?

The MMV conference will be held at Djurönäset conference center (www.djuronaset.com, tel: +46 (0)8-57149000), which is located 40 km east of downtown Stockholm and easily reached by public transportation. Stockholm is served by three airports (Arlanda, Bromma and Skavsta), and international visitors typically arrive at Arlanda (ARN), which is Sweden's main airport located some 60 km north of Stockholm. Travel time from Arlanda to the conference center is approx. 70 minutes by taxi and 120 minutes by public transportation.

Arriving by taxi

The fastest, but also most expensive, way to travel from any of the airports to the conference center is by taxi. If you choose this alternative we recommend that you ask for a fixed price. Any taxi company should take you there, but if you want to make a reservation in advance we recommend the local company Värmdö Taxi (tel. +46 (0)8 57035700). They offer fixed prices from all airports at the following approximate rates (a car that takes four persons): *Arlanda airport* SEK 1,150 | *Bromma airport* SEK 830 | *Skavsta airport* SEK 1,895.

Arriving by public transportation

Airport busses provide service to Stockholm Central Station from all three airports (timetable at www.flygbussarna.se). From Arlanda the bus takes about 40 minutes (approx. SEK 100). Arlanda also offers the airport train Arlanda Express (approx. SEK 240), which reaches Stockholm Central Station in 20 minutes (timetable at www.arlandaexpress.com).

Once at Stockholm Central Station you have two options – jump in a taxi (approx. SEK 675 to the conference center, ask for fixed price), or continue with public transportation (recommended if you are not in a hurry). If you use public transportation, take the subway to station “Slussen” (5 min), transfer to bus 434 or 433 and get off at “Djurönäset” bus stop (45 min), just in front of the conference center. Below is a more detailed description;

At the central station, walk downstairs to the sub-way (the station here is called “**T-centralen**”) and take the green or red line to station “**Slussen**” (two stations away, approx. 5 min). Get off and walk in the opposite direction the train came in and exit at the end of the platform. Walk down the stairs, exit the subway area and outside the doors you will find an electronic information sign for the busses (departure time and bus stop). There are several bus stops here and you should get on bus 434 or 433. The sign on the bus will most likely say “Överby” or “Sollenkroka” (end stations), but ask the driver to be sure the bus will take you to the stop “**Djurönäset**”. The bus ride is 45 minutes (and quite scenic) and once you get off the bus (right after you cross a long arched bridge) you are 2 minutes walk from the conference center (just follow the signs). The bus runs every 20 min during peak hours and every 30 min or hour during off peak. A route planner for public transportation is available at www.sl.se/en

We recommend that you buy the ticket for public transportation (all the way from the Central Station to Djurönäset and back again) at the metro counter or a ticket machine. You can also buy tickets at the SL center at the Central Station. You **cannot** buy tickets from the bus driver.

Recreation facilities

The conference center has a 25 meter indoor swimming pool, saunas and a small gym free of charge to MMV participants. There are also marked trails for walking / running, a tennis court, canoes and a small beach.

Weather

The end of August is also the end of summer in Sweden. Day temperatures should be around + 20 C with good opportunities for sun, but be prepared for cooler temperatures and rain.

Internet

All MMV participants have free access to the Internet through wireless and cable connections (in the rooms).

Credit Cards

All major credit cards are accepted at the conference center, and at most restaurants, hotels and stores in Sweden.

Money Exchange

The currency in Sweden is the Swedish krona (SEK). One Euro is approximately 9.5 SEK and one USD is approximately 7.5 SEK (June 2012). You can use your credit card for most transactions, but some cash is also handy. We recommend that you exchange currency upon arrival at the airport. Updated exchange rates are available at www.forex.se/en

Electricity

Voltage: 220-240 V. Primary Socket Type: Europlug.

Medical care

You can call the Stockholm Health Care Guide Hotline (Vårdguiden) free of charge (minus the small charge for a local phone call) for medical advice 24 hours a day by calling +46(0)8 320 100. Press option #1 for general information about health care in Stockholm and #3 for personal advice by a nurse. For more information, visit www.vardguiden.se.

Emergency Number

General emergency number (police, ambulance, firefighters etc): **112**

Conference “emergency line”

If you run into problems while finding your way to the conference or during the meetings, you are welcome to call the conference organizer at + 46 (0)70 2736953 and we will do our best to help you. For questions regarding lodging, please contact the conference center (+46 (0)8 57149000)

Alcohol

Sweden has a high-tax alcohol policy (and zero tolerance for driving after alcohol consumption). A beer usually costs 5-7 Euro, but the selection is generally good. And don't worry – during the conference beer/wine is included with the main meals.

More visitor information about Stockholm

www.visitstockholm.com